

CROSS-COUNTRY 2026 / LANDLOOP 2026

Please note that this is a provisional schedule. Refer to the diary for the confirmed dates and times. All practice times are made available to learners on WhatsApp groups.

Neem asseblief kennis dat hierdie slegs die voorlopige beplanning is. Raadpleeg asseblief die dagboek vir bevestigde datums en tye. Alle oefentye is op die leerders se WhatsApp-groepe beskikbaar.

JANUARY		
FEBRUARIE		
MARCH		
APRIL		
MAY		
9	Club league 1	TBC
15	Menlo relay	Menlopark
16	Club league 2	TBC
23	Club league 3	TBC
30	Club league 4	TBC
JUNIE		
16	Straatmyl	Sal bevestig word
20	Interprovinsiale Kampioenskap	Sal bevestig word
JULY		
14 – 17	Camp	Potchefstroom
24	School league 1	Lavender Kontreimark
29	School league 2	Prestige
AUGUSTUS		
5	Skoolliga 3	Tuks
12	Skoolliga 4	Tuis
15	Gauteng-Noord-kampioenskap	Curro Hazeldean
22	Noordvaal-finaal	Waterkloof
SEPTEMBER		
5	ASA Championships	Curro Hazeldean
OKTOBER		
NOVEMBER		
DESEMBER		

OEFENTYE / PRACTICE TIMES

Monday	Tuesday	Wednesday	Thursday	Friday
15:15 – 16:30	14:15 – 15:30	14:15 – 15:30	14:15 – 15:30	13:45 – 15:00