

MIDSTREAM COLLEGE



Circular 6/2024
18 April 2024

SCHOOL MATTERS

FROM THE HEADMASTER'S OFFICE

The fickleness of the weather over the last few months has everyone guessing – from unprecedented heatwaves in March to flooding in April. The first signs of winter in the air are a reminder of the winter sport and cultural practices that dominate the second term on the extra-mural front. Midstream College's learners toured far and wide across the country for their respective sport tours. I believe they are all well prepared for the tough leagues ahead. Always remember the following wise words from the legendary Vince Lombardi:

The price of success is hard work, dedication to the job at hand, and the determination that whether we win or lose, we have applied the best of ourselves to the task at hand.



Medals by the dozens was the motto of our swimmers, athletes, tennis and squash players during the past month. They performed well from regional events, all the way to the senior national championships. Congratulations to all of you, and a special salute to the parents who supported them through thick and thin. (More details about these achievements will follow later in this newsletter.)

After a wonderful two weeks in South Africa, our eighth Belgian exchange group flew back last Thursday. They were hosted by 30 of our learners where they experienced typical South African hospitality. Our learners cannot wait for their reciprocal visit to Belgium in September. A huge thank you to all the parents, learners and teachers who facilitated this exchange.

Learner absenteeism presents a number of challenges at school. Parents are requested to ensure their children miss as few school days as possible. Learners' marks are being finalised and their first term reports will be available on the Parent Portal on Monday, 22 April. Please note that our first parents' evening takes place a week later on Monday, 29 April from 16:00 to 19:00. (This is just before our long weekend.) Your child can make the appointments with the teachers you would like to see.

Enjoy this busy term and the accompanying changing seasons.

ACADEMICS

LONG WEEKEND IN MAY

There is a long weekend from Wednesday, 1 May to Sunday, 5 May. You are reminded that there is a scheduled term test on Tuesday, 30 April and that learners cannot be excused for extended long weekend purposes.

SUBJECT CHANGES

Please e-mail all subject change requests to the Vice-principal for Academics, Ms Madelaine Matthys (mmatthys@midstreamcollege.co.za). Kindly note that no subject changes for this term will be allowed after 30 April.

JUNE EXAM TIMETABLE

This timetable has been finalised and is available on the school's website and has also been posted on the learners' tablets. Kindly note that learners cannot be excused from any scheduled exam paper for extended holiday purposes.

CREATIVE WRITING

Congratulations to Lin-Mari Rudolph who has been invited to present her piece titled 'We Could' at the Iziko Freedom Day Youth Dialogue on 27 April. Her poem is featured in the 2023 *English Alive* writing anthology.

CULTURE

RECOGNITION OF NON-SCHOOL CULTURAL ACTIVITIES

We would like to acknowledge learners who excel in non-school cultural activities. You are welcome to send any proof, information and certificates to the Head of Culture, Dr Steyn de Bod (sdebod@midstreamcollege.co.za).

DANCE

Elmarie Lubbe participated in the South African round of the Dance World Cup and achieved a third place in her ballet duet.

SPORT

ATHLETICS

Athletics South Africa's (ASA) Championships took place at the Pilditch Stadium from 21 to 23 March. Midstream College had 19 athletes in the Gauteng North team.

| ASA Championships | | | | |
|-------------------|-----------|--------------|------------------|-------------------|
| Athlete | Age Group | Item | ASA Point (800+) | Position in final |
| Azariah Madumo | Girls 14 | 800 m | 808 | 11 |
| Kwena Mojapelo | Boys 14 | 200 m | 865 | 1 |
| Lené Greyling | Girls 14 | 90 m hurdles | 921 | Semi-final: 11 |
| Ethan Mahlangu | Boys 15 | 100 m | 808 | 4 |

| | | | | |
|-------------------------|----------|----------------------|-----|----------------|
| | | 200 m | 837 | 3 |
| Amy Nel | Girls 15 | Discus | 854 | 7 |
| Carmia van den Berg | Girls 15 | 1 500 m steeplechase | 920 | 1 |
| O'neile Nyoni | Boys 15 | 400 m | | 11 |
| Rupert Groenewald | Boys 15 | 1 500 m steeplechase | 913 | 9 |
| CA Froneman | Boys 17 | 110 m hurdles | 886 | 9 |
| | | 400 m hurdles | 810 | 10 |
| Déan Fourie | Boys 17 | 2 000 m steeplechase | 892 | 7 |
| Jané Male | Girls 17 | 2 000 m steeplechase | | 15 |
| Lente Groenewald | Girls 19 | 800 m | 883 | 11 |
| Juan Breytenbach | Boys 19 | 3 000 m | 862 | 13 |
| Zabine von Westernhagen | Girls 19 | 5 000 m | 808 | 10 |
| | | 3 000 m steeplechase | | 6 |
| Lea Manikas | Girls 19 | Triple jump | | 5 |
| Anika le Roux | Girls 19 | 100 m hurdles | 862 | Semi-final: 11 |
| | | 400 m hurdles | 839 | Semi-final: 13 |
| Thabang Rammabi | Boys 19 | Long jump | | 13 |
| Xavier van der Leek | Boys 19 | 800 m | 852 | 3 |
| | | 1 500 m | 957 | 6 |
| Chichi Moshokoa | Girls 19 | High jump | | 13 |

The SA Schools Championships were held in Paarl from 4 to 6 April. Four Midstreamers represented Gauteng at this meeting, winning five medals.

| SA Schools Championships | | | | |
|--------------------------|-----------|----------------------|------------------|-------------------|
| Athlete | Age Group | Item | ASA Point (800+) | Position in final |
| Carmia van den Berg | Girls 15 | 1 500 m steeplechase | 952 | 2 |
| Déan Fourie | Boys 17 | 2 000 m steeplechase | 937 | 2 |
| Anika le Roux | Girls 19 | 100 m hurdles | 851 | 2 |
| Xavier van der Leek | Boys 19 | 800 m | | 3 |
| | | 1 500 m | 914 | 2 |

SWIMMING

| Level 2 Championships | | Level 3 Championships | |
|-----------------------|---|-----------------------|--|
| Name | Achievement | Name | Achievement |
| Lika van der Merwe | 2 nd 4x50 m medley relay 2 nd 4x50 m freestyle relay 1 st 4x100 m freestyle relay | Annabell Sirrals | 3 rd 4x50 m freestyle relay |
| Ané Claassen | 3 rd 4x100 m freestyle relay | Rii Spoelstra | 3 rd 4x50 m freestyle relay |
| Ethan Koen | 2 nd 200 m freestyle 2 nd 200 m backstroke 2 nd 100 m butterfly 1 st 4x100 m freestyle relay | | |

| | | | |
|-----------------|--|--|--|
| Caitlin Camacho | 2 nd 100 m butterfly 2 nd 100 m freestyle 2 nd 50 m butterfly 2 nd 200 m freestyle 2 nd 4x50 m mixed medley relay 1 st 4x50 m medley relay 1 st 4x50 m mixed freestyle relay 1 st 4x50 m freestyle relay 1 st 4x100 m freestyle relay | | |
|-----------------|--|--|--|

14 of our swimmers participated in the SA Junior Championships in Durban from 15 to 19 March.

| SA Junior Championships | |
|-------------------------|--|
| Name | Achievement |
| Lyla van der Spuy | 7 th 100 m butterfly 9 th 100 m backstroke 2 nd 4x100 m medley relay |
| Jana Swiegers | 7 th 200 m backstroke 9 th 50 m backstroke 9 th 100 m backstroke 3 rd 4x100 m medley relay |
| Grace Powell | 7 th 200 m freestyle 8 th 50 m butterfly 8 th 100 m butterfly |
| Jemma van Wyk | 6 th 400 m freestyle 9 th 800 m freestyle 12 th 200 m freestyle |
| Abigail Roberts | 6 th 50 m backstroke 9 th 50 m backstroke 12 th 50 m butterfly 2 nd 4x100 m freestyle relay 2 nd 4x100 m medley relay 2 nd 4x50 m freestyle relay |
| Xander du Toit | 6 th 200 m IM 7 th 100 m butterfly 9 th 50 m butterfly |
| Rouxné du Plessis | 4 th 200 m backstroke 12 th 100 m freestyle 2 nd 4x100 m freestyle relay 2 nd 4x100 m medley relay |
| Demi Jacobs | 4 th 200 m IM 8 th 400 m IM 9 th 100 m butterfly 3 rd 4x100 m medley relay |

| | |
|----------------|--|
| Kylie de Bruyn | 3 rd 1500 m freestyle 4 th 800 m freestyle 5 th 400 m freestyle 10 th 200 m freestyle |
| Lance Cromhout | 2 nd 400 m freestyle 1 st 100 m backstroke 1 st 50 m backstroke 1 st 200 m backstroke 1 st 4x100 m medley relay |
| Adrian van Wyk | 3 rd 100 m freestyle 2 nd 800 m freestyle 2 nd 200 m freestyle 2 nd 400 m freestyle 2 nd 200 m backstroke 1 st 100 m backstroke 1 st 50 m backstroke 2 nd 4x100 m freestyle relay 1 st 4x50 m freestyle relay |

Lizelle Venter, Sebastiaan Struwig and Juan Pretorius also participated in this gala.

Five of our swimmers qualified for the SA Senior Championships which were held in Gqeberha from 8 to 13 April. Adrian van Wyk performed exceptionally well by winning a bronze medal in the 800 m freestyle.

| SA Senior Championships | |
|-------------------------|---|
| Name | Achievement |
| Kylie de Bruyn | 11 th 1 500 m freestyle (B-final) 13 th 800 m freestyle (B-final) 22 nd 400 m freestyle |
| Grace Powell | 30 th 50 m butterfly 61 st 100 m freestyle |
| Xander du Toit | 35 th 200 m IM 39 th 100 m butterfly 85 th 100 m freestyle 79 th 50 m butterfly |
| Lance Cromhout | 5 th 200 m backstroke (A-final) 14 th 50 m backstroke (B-final) |
| Adrian van Wyk | 3 rd 800 m freestyle (A-final) 5 th 400 m freestyle (A-final) 6 th 50 m backstroke (A-final) 10 th 100 m freestyle (B-final) |

SQUASH

12 players participated in the SA Closed Championships at St John's College from 12 to 14 April. Most players had to play in a higher age group.

Their results were as follows:

| Age Group | Player | Place |
|-----------|-----------------------------|-------|
| Boys 19A | CA Froneman | 14 |
| Girls 19A | Elzandri Janse van Rensburg | 2 |
| Girls 19A | Namratha Eswari Niranjana | 17 |
| Boys 16A | Aurick Sheosunker | 19 |
| Girls 16A | Anushka Janse van Rensburg | 8 |
| Girls 16A | Sarah de Villiers | 14 |
| Girls 16A | Amelia Lubbe | 21 |
| Girls 16A | Kathleen de Kock | 25 |
| Boys 14A | Mangaliso Mbatha | 4 |
| Boys 14A | Evan Janse van Rensburg | 13 |
| Boys 14A | Michael Basson | 17 |
| Boys 14A | Innes Meyer | 18 |

Results of the sixth and seventh league matches were as follows:

| Team | Opponent | Result |
|---------|---------------|--------|
| Boys C | Menlopark | 14 – 6 |
| Boys D1 | Eldoraigne | 16 – 0 |
| Boys E | Menlopark | 6 – 14 |
| Boys D1 | CBC Mt Edmund | 14 – 4 |
| Boys C | Eldoraigne | 10 – 6 |
| Boys D1 | PBHS | 16 – 2 |
| Boys E | CBC Mt Edmund | 16 – 0 |

TENNIS

Recent league results were as follows:

| Team | Opponent | Result |
|-----------|--------------|---------|
| Girls 19A | Menlopark C | 54 – 13 |
| Girls 19B | Centurion A | 36 – 31 |
| Girls 19C | Zwartkop C | 26 – 41 |
| Girls 15B | Montana | 43 – 23 |
| Boys 15A | Waterkloof C | 44 – 23 |
| Boys 15B | Woodhill | 66 – 1 |
| Boys 19A | PBHS | 5 – 2 |
| Boys 19B | Woodhill | 52 – 15 |

EQUESTRIAN

| SANESA Gauteng Tshwane – Qualifier 3 | | |
|--------------------------------------|--------------------------------|-------|
| Rider | Discipline | Place |
| Cyllene van der Merwe | Show jumping 70 cm Competition | 18 |
| | Show jumping 70 cm 2-Phase | 24 |
| | Working Riding | 4 |
| Kynan van Zyl | Vaulting on Barrel | 2 |
| | Vaulting on Horse | 3 |

WINTER SPORT

Results of the friendly matches played against Northcliff were as follows:

| Team | Girls Hockey | Boys Hockey | Netball | Rugby |
|-----------------|--------------|-------------|---------|---------|
| 14A | 1 – 1 | 9 – 0 | 7 – 27 | 49 – 0 |
| 14B | - | - | 20 – 6 | 13 – 12 |
| 14C | 0 – 1 | - | 20 – 5 | 5 – 12 |
| 14D | - | - | 14 – 9 | - |
| 15A | 8 – 0 | - | 42 – 4 | 12 – 16 |
| 15B | - | - | 28 – 1 | 7 – 35 |
| 15C | 1 – 2 | - | 21 – 2 | - |
| 15D | - | - | 28 – 1 | - |
| 16A | 9 – 1 | 2 – 0 | 21 – 8 | 24 – 7 |
| 16B | 1 – 0 | - | 16 – 13 | 19 – 7 |
| 16C | - | - | - | 7 – 5 |
| 17A | - | - | 21 – 20 | - |
| 17B | - | - | 5 – 15 | - |
| 3 rd | - | - | - | 0 – 50 |
| 2 nd | 6 – 0 | 1 – 1 | 10 – 15 | 6 – 29 |
| 1 st | 0 – 3 | 3 – 2 | 20 – 24 | 24 – 17 |

Girls Hockey

The following teams participated in various tournaments on 12 April:

| Team | Match 1 | | Match 2 | | Match 3 | |
|-------------------------------------|------------------|--------|------------------------------|--------|------------------------------|--------|
| | Opponent | Result | Opponent | Result | Opponent | Result |
| 14B @ Menlopark | Garsfontein | 0 – 0 | Menlopark | 1 – 0 | Zwartkop | 2 – 0 |
| 15B @ Waterkloof | Menlopark 15C | 0 – 2 | Menlopark 15D | 1 – 0 | - | - |
| 3 rd @ Garsfontein | Garsfontein | 0 – 2 | Menlopark 4 th | 1 – 1 | Menlopark 3 rd | 0 – 4 |

Boys Hockey

| Team | Opponent | Result |
|-----------------|------------|--------|
| 1 st | Waterkloof | 1 – 0 |
| 16A | Waterkloof | 0 – 5 |
| 14A | Waterkloof | 0 – 0 |
| 16C | Eduplex | 0 – 5 |
| 14C | Eduplex | 0 – 5 |

Girls Hockey vs AHMP

| Team | U14 | U15 | U16 |
|------|-------|-------|-------|
| C | 0 – 6 | 0 – 0 | - |
| B | 0 – 0 | 0 – 0 | 0 – 3 |
| A | 0 – 2 | 2 – 2 | 0 – 1 |

| Team | Senior |
|-----------------|--------|
| 3 rd | 0 – 9 |
| 2 nd | 0 – 9 |
| 1 st | 0 – 4 |

Netball

The following girls have progressed to the final round of the Gauteng trials:

| U14 | U15 |
|-------------------|------------|
| Madison van Eeden | Iva Mukadi |
| Edith Otte | |

RECOGNITION OF NON-SCHOOL SPORT

We would like to acknowledge learners who excel in non-school sporting activities. You are welcome to send any proof, information and certificates to the Head of Sport, Mr Henry Verster (hverster@midstreamcollege.co.za).

EQUESTRIAN

During the holidays Daniella de Vries participated in the Easter Festival and achieved a fourth place in 100 cm show jumping (A2 Accumulator and in the Championship class).

TRIATHLON

Alon Beyleveld participated in the Tinman triathlon and achieved a second place in the 14 – 15 age group in the Supersprint Tri TinMan Joburg #2 competition.

Robért Ford, Ruben Bruyns and Sebastian Bruyns successfully represented the province at the African Cup and the SA Championships in Nelson Mandela Bay.

UNDERWATER HOCKEY

Ethan Mitchell took part in the Junior National Championships in Cape Town during the holidays. His team, the Gauteng U19 men, won gold. He was awarded a gold medal and a re-award of his full Gauteng colours.

TENNIS

Jayden Summers competed in the Junior National Championships during the holidays. He was the runner-up in the u16 singles and won the doubles title.

MOUNTAIN BIKING

Nika Nortjé competed in the SA XCO and XCC series during the holidays. She competed in the youth women category and placed as follows:

- Cross-country Olympic – 4th;
- Cross-country Short Track – 5th.

KARATE

Meagen de Beer has been selected for the International Shotokan Karate Federation team to represent South Africa at the World Shoto Cup in London in September.

GENERAL

UNIFORM SHOP

The following numbers can be used to contact the Uniform Shop:

- 065 073 8027 (only calls)
- 064 937 0551 (calls and WhatsApp messages)




RHINO PROJECT

Meet Baby Fiona, a seven-month-old rhino in the Rietvlei Nature Reserve. Your minimum donation of R50 will ensure that Fiona is adopted into the Midstream family. The funds will be used for supplementary feeding, medical costs and security. Become part of Fiona's success story!

Please use the following link should you wish to donate: <https://mscpp.co.za/product/outreach-rhino-project/>



COMMUNICATE WITH US:

-  www.midstreamcollege.co.za
-  Midstream College
-  midstream_college

NEXT CIRCULAR:

Thursday, 9 May 2024