

MIDSTREAM COLLEGE



Circular 4/2024
7 March 2024

SCHOOL MATTERS

FROM THE HEADMASTER'S OFFICE

I used the following quote from Vince Lombardi exactly two years ago after our runaway victory in the B-league inter-high athletics. It is just as valid in 2024 after our hugely successful summer sport season.

The spirit, the will to win and the will to excel – these are the things that endure, and these are the qualities that are so much more important than any of the events that occasion them.

– Vince Lombardi



The will to win and our pursuit of excellence were again in the spotlight during our inter-high athletics two weeks ago. A word of thanks to all our coaches and athletes for their sacrifices, hard work, and effort during the last few months. Our excellent achievement on the day is testament to their dedication. More detail regarding the inter-high results is available later in the circular and on our website. I would also like to congratulate our cheerleaders and every learner who braved the heat all day. You were true ambassadors for the College.

I would like to invite you all to our first winter sport derby away against Cornwall Hill this weekend. Next weekend we host Randburg. Early indications are that our first netball team is gearing up for a big season. Thank you to all the learners who reported to the various sport disciplines. Enjoy the season that lies ahead. The educational value that sport offers can never be underestimated.

Lastly, I would like to encourage you to motivate any prospective parents, friends, or family to attend our open day on Wednesday, 13 March. Applications for 2025 close on 26 April. We strive to maintain a healthy balance between teaching and education, as well as sport and sports 😊. We are proud of our learners and staff corps, as well as the image they project and the discipline they display. Carpe Diem – seize this opportunity.

Persevere, there is less than two weeks left before our well-deserved Easter break.



CULTURE

ORATORS: SPEECH AND DRAMA FESTIVAL

Our grade 9 and 10s competed at the Johannesburg Speech and Drama Festival for the first time. The teams achieved the following results:

Grade 9 (B+)	Grade 10 (A+)
Adam Marincowitz	Kashvi Chathury
Anri Janse van Rensburg	Megan le Roux
Caitlin Arendse	Sakhile Sibiya
Lisa Strauss	Lené Liebenberg

RECOGNITION OF NON-SCHOOL CULTURAL ACTIVITIES

We would like to acknowledge learners who excel in non-school cultural activities. You are welcome to send any proof, information and certificates to the Head of Culture, Dr Steyn de Bod (sdebod@midstreamcollege.co.za).

MUSIC

Celeste Marx passed her Grade 3 ABRSM piano exam.

SPORT

ATHLETICS

The A-league inter-high held at Pilditch two weeks ago was indeed the highlight of the season.

Place	Team Totals	School
1	2597.5	Menlopark
2	2254.5	Waterkloof
3	2171	Zwartkop
4	1878	Midstream
5	1877	Montana
6	1871.5	Garsfontein
7	1540.5	Oos-Moot
8	1366.5	AHS
9	1259.5	AHMP

Team Trophies
Best Boys Team: Sprints
Best Girls Team: Percentage*
Best Overall Team: Percentage*

*The percentage trophy takes the total number of learners in the school into account. Midstream has, by far, the least number of learners of all the competing schools, so, hats off for winning these trophies.

Individual achievements (800+ on the ASA table):

A-league Inter-high			
Athlete	Age Group	Item	ASA point
Kwena Mojapelo	Boys 14	100 m	873
		200 m	856
Aquina de Vries	Girls 14	100 m	805
		200 m	843
Lené Greyling	Girls 14	400 m	806
		90 m hurdles	968
		300 m hurdles	864
Azariah Madumo	Girls 14	800 m	854
		3 000 m	804
Amy Nel	Girls 15	Discus	866
Aphelele Mbatsha	Girls 15	100 m	828
		200 m	880
Elle Gouws	Girls 15	400 m	818
Carmia van den Berg	Girls 15	800 m	856
		1 500 m	805
		3 000 m	858
Caitlin Arendse	Girls 15	3 000 m	806
Zack Reddy	Boys 16	400 m	828
Christelle Struwig	Girls 17	400 m	808
Neil de Vleeschauwer	Boys 17	Discus	831
Sandile Mtilene	Boys 17	200 m	852
CA Froneman	Boys 17	110 m hurdles	844
		400 m hurdles	831
Lente Groenewald	Girls 17	800 m	811
Déan Fourie	Boys 17	1 500 m	847
Cristi van der Walt	Girls 17	400 m hurdles	819
Lea Manikas	Girls 19	200 m	848
Danielle Rossouw	Girls 19	800 m	818
Anika le Roux	Girls 19	100 m hurdles	830
		400 m hurdles	861
Juan Breytenbach	Boys 19	1 500 m	823
Xavier van der Leek	Boys 19	1 500 m	906
		3 000 m	871

Midstream won 35 medals (8 gold, 13 silver and 14 bronze). Last year we won 28 medals.

The medal winners were:

Athlete	Age Group	Item	Medal
Kwena Mojapelo	Boys 14	100 m	Gold
		200 m	Gold
Aquina de Vries	Girls 14	100 m	Bronze
		200 m	Silver
Lené Greyling	Girls 14	90 m hurdles	Bronze
		300 m hurdles	Silver

Matthieu du Venage	Boys 14	400 m	Bronze
Kwena Mojapelo, Matthieu du Venage, Rikus Holtzhausen, Dejan Jankovic	Boys 14	Relay	Silver
Azariah Madumo	Girls 14	800 m	Silver
Amy Nel	Girls 15	Discus	Silver
Aphelele Mbatsha	Girls 15	100 m	Silver
Omogolo Mauoane	Boys 15	300 m hurdles	Bronze
Ethan Mahlangu	Boys 15	100 m	Silver
		200 m	Silver
Ethan Mahlangu, Trent Sewpaul, Malik Gxolo, O'neile Nyoni	Boys 15	Relay	Gold
Carmia van den Berg	Girls 15	800 m	Bronze
Elle Gouws	Girls 16	400 m	Bronze
Zack Reddy	Boys 16	200 m	Bronze
		400 m	Silver
Estiaan Scheepers	Boys 16	400 m hurdles	Silver
Sandile Mtilene	Boys 17	100 m	Silver
		200 m	Gold
		400 m	Gold
Renate Maré	Girls 17	Long jump	Bronze
CA Froneman	Boys 17	110 m hurdles	Bronze
		400 m hurdles	Gold
		Long jump	Bronze
Anika le Roux	Girls 19	100 m	Bronze
Luca Jankovic	Boys 19	Long jump	Silver
Lea Manikas	Girls 19	200 m	Bronze
		Triple jump	Bronze
Anika le Roux, Lea Manikas, Simoné Els, Karla Alberts	Girls 19	Relay	Bronze
Xavier van der Leek	Boys 19	800 m	Gold
		1 500 m	Gold
		3 000 m	Silver

Thank you to every athlete, spectator, staff member and parent who made this historic achievement possible.

The D4 District Championships were held at Eldoraige recently. 12 athletes were included in the Tshwane South team which competed in the Gauteng Championships in Germiston last weekend.

Three of our athletes were crowned Gauteng champions:

- Carmia van den Berg 1 500 m steeplechase
- Déan Fourie 2 000 m steeplechase
- Xavier van der Leek 800 m and 1 500 m

Individual achievements (800+ on the ASA table):

Gauteng Championships				
Athlete	Age Group	Item	ASA Point	Place in final
Azariah Madumo	Girls 14	800 m	859	4
Carmia van den Berg	Girls 15	1 500 m steeplechase	863	1
Amy Nel	Girls 15	Discus	860	4
Lente Groenewald	Girls 17	800 m	837	6
Jané Male	Girls 17	2 000 m steeplechase	824	5
Déan Fourie	Boys 17	2 000 m steeplechase	881	1
Lea Manikas	Girls 19	200 m	805	5
Anika le Roux	Girls 19	100 m hurdles	854	2
Xavier van der Leek	Boys 19	1 500 m	949	1

Carmia, Déan, Anika and Xavier have been included in the Gauteng team which will compete in the SA Schools Championships in the Paarl in April. 29 athletes will participate in the AGN Championships at Pilditch this weekend. Good luck to them all.

SWIMMING

Good luck to all our swimmers participating in the SA Junior Championships in Durban next week.

CRICKET

The last results of the season were:

1st		
Zwartkop (T20)	Zwartkop 132/8 Midstream 122/7 Lost by 10 runs	Jeanré Lourens 37 Christian Olwagen 1/14 in 4 overs
2nd		
PBHS 3	Midstream 98/10 PBHS 99/6 Lost by 4 wickets	Conré van den Berg 39 Schalk Langenhoven 2/31 in 3 overs
3rd		
PBHS 5	Midstream 80/10 PBHS 82/7 Lost by 3 wickets	Gustav Terblanché 3/17 in 2 overs
U15B		
Zwartkop	Zwartkop 76 Midstream 31/0 No result due to weather	Hayden Davy 4/23 in 4 overs
U14B		
Montana	Montana 136/5 Midstream 83 Lost by 53 runs	Ruwan Pretorius 7/2 in 4 overs Etjan Genis 16 Caydin Venter 15

SQUASH

Results of the third league fixture:

Team	Opponent	Result
Boys B1	Midstream B2	14 – 7
Boys C	Waterkloof	16 – 0
Boys D1	Zwartkop	12 – 7
Boys D2	Eldoraigane	12 – 3
Boys E	Menlopark	14 – 5
Girls A	Menlopark	11 – 6
Girls C	St Mary's DSG	7 – 10

14 players participated in the Bloemfontein Open last weekend. They played against the best players in South Africa, Botswana and Namibia.

The results were as follows:

Age Group	Player	Place
Boys 19A	CA Froneman	21
Girls 19A	Elzandri Janse van Rensburg	7
Girls 19A	Namratha Eswari Niranjana	27
Girls 19B	Cassey Kemp	9
Boys 16A	Aurick Sheosunker	15
Girls 16A	Anushka Janse van Rensburg	9
Girls 16A	Sarah de Villiers	14
Girls 16A	Amelia Lubbe	24
Girls 16A	Kathleen de Kock	31
Girls 16B	Kaleigh Reddy	7
Boys 14A	Mangaliso Mbatha	10
Boys 14A	Evan Janse van Rensburg	21
Boys 14A	Michael Basson	24
Boys 14A	Innes Meyer	25

TENNIS

Recent results of the senior girls' league matches:

Team	Opponent	Result
u19A	Waterkloof C	62 – 5
u19A	AHMP C	37 – 30
u19B	Monument A	50 – 17
u19C	Loreto Skinner A	39 – 28

20 boys and girls competed in the Menlo Mixit High Schools Mixed Doubles tournament at Sun City last weekend. Both the junior and senior teams finished fourth.

EQUESTRIAN

Recent results:

SANESA Gauteng Ekurhuleni Qualifier 2		
Rider	Discipline	Place
Louis Verhoef	Dressage Level: Medium Test 1 & 2	1
Michelle du Preez	Performance Riding	2
	Working Riding	1
	Dressage	4
Mia Aitken	Prix Caprilli	6
Kiara Kok	Show Jumping 80 cm Accumulator	5
	Show Jumping 80 cm Normal Competition	9
	Dressage Novice	3
Lenae van Zyl	Show Jumping 80 cm Accumulator	2
Bailey Polomé	Show Jumping 90 cm Accumulator	4
Cyllene van der Merwe	Working Rider	1
	Show Jumping 70 cm Accumulator	4
	Show Jumping 70 cm Normal Competition	5
Daniella de Vries	Show Jumping 100 cm Accumulator	4

GOLF

In the first round of the Chairman's Trophy, the second team beat Centurion 4 – 0.

WINTER SPORT

The trials have been concluded and we look forward to our first fixture against Cornwall Hill this weekend.

As part of their final trials, the netball girls played in the Best of the West tournament in Krugersdorp last weekend. The results were:

U14			U15		U16	
Round	Opponent	Result	Opponent	Result	Opponent	Result
1	Alberton	17 – 6	KHS	12 – 2	Curro	19 – 4
2	Crawford	16 – 11	Hugenote	14 – 4	Greenside	16 – 0
3	Potch Girls High	17 – 2	Crawford	21 – 1	KHS	4 – 9
4	Edenvale	11 – 12	Randburg	7 – 15	Randburg	4 – 15
5	Waterstone	24 – 1	Pretoria-Wes	23 – 3	Alberton	7 – 4

U17			U18	
Round	Opponent	Result	Opponent	Result
1	Alberton	7 – 4	Hugenote	21 – 11
2	KHS	4 – 9	Curro	34 – 5
3	Greenside	19 – 5	Norkem Park	21 – 8
4	Waterstone	22 – 2	Crawford	31 – 4
5	St Peter's	19 – 4	Kingsmead	15 – 7

RECOGNITION OF NON-SCHOOL SPORT

We would like to acknowledge learners who excel in non-school sporting activities. You are welcome to send any proof, information and certificates to the Head of Sport, Mr Henry Verster (hverster@midstreamcollege.co.za).

GOLF

Ruben-hein Churr has been selected to compete in the following two tournaments: South African Junior International Boys Championships (4 – 7 March) and Cobra/Puma Northern Amateur Championships (10 – 15 March).

WRESTLING

Rohan du Plessis will represent SAWF in the Africa Championships and the Olympic Qualifier in Egypt from 13 to 19 March.

ACTION CRICKET

Shivanth Lalla has been selected for the Gauteng North u18 team which will play in an inter-provincial tournament in Fourways in July.

FLY FISHING

Marc van Rooyen has been selected to represent South Africa at the FIPS Mouche World Youth Championships to be held in Czechia in August.

ACTION NETBALL

Lindi Stander will represent Gauteng North at an inter-provincial tournament from 14 to 19 March.

CLUBSTREAM

Clubstream is the official supporters club of the three Midstream schools. It is comprised of parents, friends, family, past learners and Midstream supporters in general. The emphasis is on the Midstream family.

Their aims are:

- to support the children at their various school activities in a coordinated and meaningful way
- to teach them a culture of support for each other by leading by example
- to establish a culture of pride in their school and school community
- to create a common identity and showcase a community of belonging.

Follow them on social media to access more information on coming events and results. (Click on the QR code.)

Alternatively, contact them at info@clubstream.co.za or follow the link on the school's website.



GENERAL


SPRINGFEST



COMMUNICATE WITH US:

 www.midstreamcollege.co.za

 Midstream College

 midstream_college

NEXT CIRCULAR:

Wednesday, 20 March 2024