

# CROSS-COUNTRY / LANDLOOP

*Please note that this is a provisional schedule. Refer to the diary for the confirmed dates and times. All practices are made available to learners on their tablets and WhatsApp groups.*

*Neem asb. kennis dat hierdie slegs die voorlopige beplanning is. Vir die bevestigde datums en tye volg asb. die dagboek. Alle oefentye is op die leerders se tablette en WhatsApp-groepe beskikbaar.*

JANUARY		
FEBRUARIE		
MARCH		
APRIL		
9	Voorseisoen begin	Bondev Pawiljoen
MAY		
4	AGN League 1 (Uitsig)	Away
10	AGN League 2 (Eldoraigne)	Away
17	Relay (Die Hoërskool Menlopark)	Away
18	AGN League 3 (Pretoria North)	Away
25	AGN League 4 (Laerskool Fleur)	Away
JUNIE		
JULY		
13	Inter provincial meeting (Middelburg)	Away
17	League 1 (Waterkloof)	Away
24	League 2 (Sutherland/Eldoraigne)	Away
31	League 3 (Hoërskool Erasmus)	Away
AUGUSTUS		
7	2km Dash (Curro Hazeldean)	Weg
17	AGN-kampioenskappe	Weg (TBC)
24	Noordvaal (Waterkloof)	Weg
SEPTEMBER		
7	SA cross-country championships (Vaal Triangle)	Away
18	GNSSL Prize giving function (Zwartkop)	Away
OKTOBER		
NOVEMBER		
DESEMBER		

## Practice times / Oefentye

Day / Dag	Time / Tyd
Monday / Maandag	15:15 - 16:15
Tuesday / Dinsdag	14:15 - 15:15
Wednesday / Woensdag	League / liga
Thursday / Donderdag	14:15 - 15:15
Saturday / Saterdag	08:00 - 9:00