



## SCHOOL MATTERS

### FROM THE HEADMASTER'S OFFICE

All we have to decide is what to do with the time that is given us.

J.R.R. Tolkien

I hope everyone had a blessed Easter, and that your batteries are charged for the bustling second term. A word of thanks to all the teachers and learners who spent part of their holidays all over the country on various sport tours, as well as our annual Belgian exchange programme.

Speaking of this busy term, yesterday our boys' hockey teams played against Affies and Montana and today the girls play against Garsfontein. Tomorrow we play netball at Centurion and the boys' hockey is at home. Our derby against Centurion concludes on Saturday with the rugby matches away and the girls' hockey at home. (Kindly note that Centurion charges a small entrance fee.)

Our Belgian exchange programme is also back in full swing. Tears were shed last Friday night when the Belgians returned home after spending two weeks with their Midstream host families. The Midstreamers cannot wait to visit them in Belgium in September. The eighty plus learners who are touring Europe in September are likewise counting down the days. We will soon be launching our September 2024 tour for the current grade 8 to 10s, as well as the next Belgian exchange programme (for the current grade 10s only). Watch this space!

On an academic note, learners' first term reports will be available on the Parent Portal next Wednesday. Although these marks do not include an exam, they are a good indication of how your child has adjusted academically to the new grade. I hope this will not spoil their long weekend. 😊

## ACADEMICS

### FIRST TERM REPORTS

These reports will be available on the Parent Portal on Wednesday, 26 April.

## PARENTS' EVENING

Our first parents' evening for the year will be held on Thursday, 4 May from 16:00 to 19:00. Please e-mail the relevant teacher for an appointment.

## SUBJECT CHANGES

In future, please e-mail all subject change requests to the Vice-principal for Academics, Ms Madelaine Matthys (mmatthys@midstreamcollege.co.za). Kindly note that no subject changes for this term will be allowed after 26 April.

## JUNE EXAM TIMETABLE

This timetable has been finalised and posted on the learners' tablets. It is also available on the school's website. Kindly note that learners cannot be excused from a scheduled exam for extended holiday purposes. Your cooperation in this regard is appreciated.

# CULTURE

## RECOGNITION OF NON-SCHOOL ACTIVITIES

### DANCE

Elmarie Lubbe competed in the qualifying round of the Dance World Cup, taking 11<sup>th</sup> place for her lyrical solo. For her ballet solo, she came 4<sup>th</sup> and qualified to compete in the final in Portugal.

# SPORT

## ATHLETICS

The final action of the season took place at the ASA Youth and Junior Championships in Pietermaritzburg, followed by the SA Schools Championships in Germiston. The best performances of our 13 athletes are listed below.

### ASA Youth and Junior Championships

Athlete	Age group	Item	Position	ASA Point
Ashley Williams	Girls 19	400 m	Heat 9 <sup>th</sup>	847
Hilton Thomas	Boys 19	400 m	7 <sup>th</sup>	874
Xavier van der Leek	Boys 17	1 500 m	5 <sup>th</sup>	915
Juan Breytenbach	Boys 17	3 000 m	7 <sup>th</sup>	878
Déan Fourie	Boys 17	2 000 m Steeple	Final	818
Thabang Rammabi	Boys 17	Long jump	6 <sup>th</sup>	808
Luca Jankovic	Boys 17	Long jump	8 <sup>th</sup>	796
Rupert Groenewald	Boys 15	3 000 m	Final	800
Zabine von Westernhagen	Girls 19	5 000 m	5 <sup>th</sup>	792
Lente Groenewald	Girls 17	2 000 m Steeple	8 <sup>th</sup>	

Hilton Thomas competed for Gauteng North in the 4 x 400 m relay, as well as the 4 x 100 m relay (boys 19), winning a bronze medal in both. Ashley Williams won a bronze medal in the 4 x 400 m mixed relay.

## SA Schools Championships

Athlete	Age group	Item	Position	ASA Point
Ashley Williams	Girls 19	200 m	6 <sup>th</sup>	815
		400 m	7 <sup>th</sup>	806

We are very proud of all our athletes!

## SWIMMING

The swimming season also ended on a high note during the holidays with a level 3 gala in Germiston and the SA Junior Championships in Durban.

At the level 3 gala, Rii Spoelstra competed in four events and Juan Pretorius reached five finals, winning a silver medal in the 100 m breaststroke and a gold medal in the 200 m breaststroke. Congratulations to both these swimmers!

Thirteen of our swimmers competed at the SA Junior Championships, where eight reached their individual finals. Three of these finalists won a total of seven medals. The relay swimmers also won 13 medals in total.

Swimmer	Individual	Relay
Jemma van Wyk	200 m freestyle – 9 <sup>th</sup>	2 x silver 1 x gold
Paul Loubser	200 m butterfly – 6 <sup>th</sup> 100 m butterfly – 9 <sup>th</sup>	1 x bronze 2 x silver 1 x gold
Rouxné du Plessis	100 m backstroke – 9 <sup>th</sup> 200 m backstroke – 10 <sup>th</sup> 50 m butterfly – 8 <sup>th</sup>	
Lyla van der Spuy	200 m butterfly – 5 <sup>th</sup> 100 m butterfly – 5 <sup>th</sup> 50 m butterfly – 5 <sup>th</sup> 200 m backstroke – 6 <sup>th</sup>	
Jana Swiegers	200 m backstroke – 5 <sup>th</sup> 100 m backstroke – 5 <sup>th</sup> 50 m backstroke – 7 <sup>th</sup>	
Demi Jacobs	200 m individual relay – 4 <sup>th</sup> 100 m butterfly – 6 <sup>th</sup>	1 x bronze 2 x silver
Caleb Ingram	100 m breaststroke – 6 <sup>th</sup> 200 m breaststroke – gold	1 x gold
Lance Cromhout	400 m freestyle – 6 <sup>th</sup> 100 m backstroke – silver 200 m backstroke – gold 50 m backstroke – gold	
Adrian van Wyk	100 m freestyle – 4 <sup>th</sup> 50 m backstroke – gold 100 m backstroke – gold 200 m backstroke – silver	1 x silver 2 x gold

We are also very proud of the following:

- Adrian van Wyk and Lance Cromhout, who competed at the SA Senior Championships in Gqeberha.
- Lyla van der Spuy and Abigail Roberts who will compete in the SA Schools Championships in Durban next week.

## TENNIS

Recent team results:

Team	Opponent	Result	Opponent	Result
Girls u15A	Menlopark u15A	Lost 2 – 5		
Boys u15A	AHS u15B	Won 6 – 1	Garsfontein u15A	Won 7 – 0
Girls u15B	AHMP u15E	Won 41 – 36		
Boys u15B	Pretoria-Noord u15A	Won 36 – 31	Waterkloof u15D	Lost 6 – 63
Girls u19A	Eldoraigine u19A	Won 61 – 6	Garsfontein u19B	Won 50 – 17
Boys u19A	PBHS u19A	Lost 30 – 37		
Girls u19B	Maragon u19A	Won 44 – 23		

## SQUASH

We are very proud of the nine players who participated in the SA Schools tournament at St John's College last weekend. Seven established themselves as top 10 players in their respective age group in the country. Naturally, we are extremely proud of our two SA champions, Elzandri Janse van Rensburg (u16) and Awande Malinga (u19)!

Player	Age group	Position
Anushka Janse van Rensburg	Girls u14	3 <sup>rd</sup>
Sarah de Villiers	Girls u14	6 <sup>th</sup>
Amelia Lubbe	Girls u14	10 <sup>th</sup>
Kathleen de Kock	Girls u14	13 <sup>th</sup>
Martin de Koning	Boys u14	11 <sup>th</sup>
Elzandri Janse van Rensburg	Girls u16	1 <sup>st</sup>
CA Froneman	Boys u16	10 <sup>th</sup>
Awande Malinga	Girls u19	1 <sup>st</sup>
Kiara Poole	Girls u19	7 <sup>th</sup>

## WINTER SPORT

A big word of thanks to all the learners and coaches who represented the College on various tours during the holiday. We have received positive feedback and sincerely hope the investment will bear fruit in the coming season.

Congratulations to the seven girls who have progressed to the final round of the Gauteng trials. Good luck! They are:

U14	U16	U18
Aphelele Mbatsha, Abigail Roberts, Ilané Theron & Iva Mukadi	Danika van Heerden & Liza Howatt	Veronica du Plessis

The friendly matches against Brits produced the following results:

GIRLS HOCKEY		BOYS HOCKEY		NETBALL		RUGBY	
Team	Result	Team	Result	Team	Result	Team	Result
u14A	7 – 0	u16A	11 – 0	u14A	21 – 9	u14A	46 – 5
u15A	2 – 3	1 <sup>st</sup>	11 – 0	u14B	18 – 1	u14B	39 – 7
u16A	3 – 0	* The C-teams played against D-teams from Zwartkop.		*u14C	4 – 17	u15A	33 – 0
2 <sup>nd</sup>	4 – 1			u15A	19 – 11	*u15B	7 – 35
1 <sup>st</sup>	0 – 1			u15B	39 – 0	u16A	17 – 0
				*u15C	1 – 18	*3 <sup>rd</sup>	12 – 54
				u16A	36 – 2	2 <sup>nd</sup>	29 – 12
				u16B	19 – 3	1 <sup>st</sup>	84 – 0
				*u16C	8 – 19	* The u15B and 3 <sup>rd</sup> teams played against Waterkloof.	
				u17A	21 – 2		
				2 <sup>nd</sup>	24 – 8		
				1 <sup>st</sup>	39 – 17		

The first boys’ hockey team finished 5<sup>th</sup> in the Gauteng North Cup after beating Sutherland in the playoff.

## RECOGNITION OF NON-SCHOOL SPORT

### UNDERWATER HOCKEY

Stephan Venter (grade 11) participated in the SA Championships as part of the Gauteng team. Congratulations – the team finished second.

### MOUNTAIN BIKING

Nika Nortjé (grade 8) and Pieter van Eeden (grade 11) took part in the SA XCO Championships at Thaba Trails, outside Johannesburg, this past weekend. Nika won the bronze medal for sub-junior girls and Pieter finished 17<sup>th</sup> overall (4<sup>th</sup> of the Gauteng riders) in the junior boys division.

### GOLF

Ruben-hein Churr (grade 9) achieved the following results during the holiday: At the US Kids Gauteng Local Tour Championship at Woodhill, he won his age group and thus qualified for the World Teen Championship in America in July. At the SA Junior Nomads tournament played at Gowrie Golf Estate, he came second. Congratulations.

### WRESTLING

Luan van Schalkwyk (grade 12) will represent South Africa at the African Continental Championship in Tunisia in May. Good luck!

#### LET’S COMMUNICATE:

For all circulars, as well as other information, you may visit or contact us at:

- [www.midstreamcollege.co.za](http://www.midstreamcollege.co.za)
- Facebook (search Midstream College)
- Instagram (midstream\_college)

#### NEXT CIRCULAR

Thursday, 11 May 2023